

# Adaptation of the **PERSON-CENTERED MATERNITY CARE (PCMC) SCALE** for women of color in the U.S.

## **INTERNAL TEAM REVIEW**

We met with the broader internal team to review the already existing scale and adapt questions to better fit the needs of women in the US.



## **EXPERT REVIEW (ER) SESSION 1**

After our initial review, we joined a CAB meeting in January 2019 and received feedback on what questions to remove/keep from the original scale.



## **EXPERT REVIEW SESSION 2**

Following the ER session, we met with several CAB members and other experts in the field to edit and add new questions to the scale.

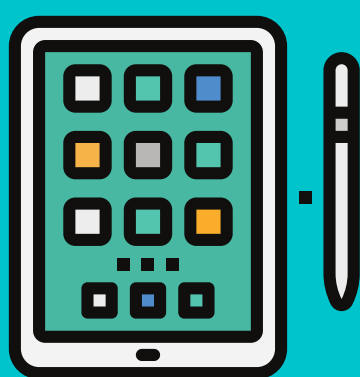


## **COGNITIVE INTERVIEWS**

We conducted fifteen 1:1 interviews with pregnant and postpartum women to review the scale and ensure the questions on the scale were reflective of their experiences and that the questions were worded clearly.



## PRETESTING



Eight women tested the scale on iPads to identify any final issues with questions and survey flow.

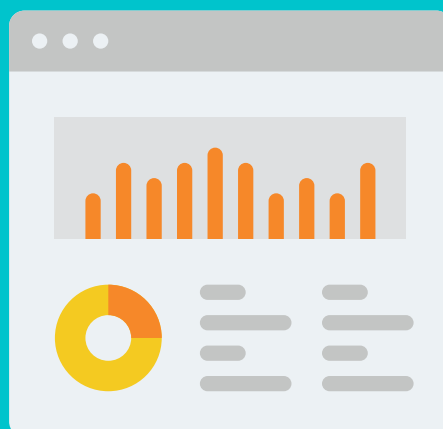
## ONLINE SURVEY



312 women completed the survey online.

## ANALYSIS

We conducted psychometric analysis to assess the validity and reliability of the scale.



## EXPERT REVIEW WITH CAB

Following the analysis, we met with the CAB again to review results from the analysis and receive feedback on what items to keep or remove from the final scale.

## 2 SCALES WERE DEVELOPED



Person-Centered Maternity  
(PCMC) Scale



Person-Centered Prenatal Care  
(PCPC) Scale

## **PERSON-CENTERED MATERNITY (PCMC) SCALE**

A 35-item Person-Centered Maternity (PCMC) Scale was developed. We recommend using this scale with people who have recently given birth up to one year postpartum so that they are able to respond and recall their experience.

## **PERSON-CENTERED PRENATAL CARE (PCPC) SCALE**

Two versions of the PCPC were developed--a 26-item and 34-item version. We recommend using the scale with pregnant people who are in their late 2nd or 3rd trimester of pregnancy.

## **ACKNOWLEDGEMENTS**

We would like to thank the California Preterm Birth Initiative for funding the study and their community advisory board for their powerful contributions to the development of the scale.



**UCSF** California  
Preterm Birth  
Initiative